



## UU Reflection/Action for Health Care

'Tis the season to give up despair, not chocolate!

### 40 days to Reform

From now until Congress's Easter recess, please join Unitarian Universalists across California in a daily reflection and action on behalf of healthcare reform.

**REFLECT:** *When it comes to our health we are, indeed, an interdependent web.*

**ACT:** Send one fax and/or phone call per day to Congress to advocate for healthcare.

**Message: Pass health care reform!**  
**People are dying for lack of care. We need the most affordable, quality, health care possible!**

You might also choose one other point per call:

- **Support an affordable public option & national exchange.** We cannot require everyone to purchase private insurance.
- **Protect women's reproductive rights.** The religious views of some should not prevent others from access to a safe abortion.
- **Allow immigrants to buy into health insurance exchange.** We will all be safer.
- **A majority vote is democratic.** Please thank your representative for standing up for reform in the face of industry pressure!

Senator Feinstein: 202-224-3841, FAX = (202) 228-3954

Senate Boxer: 202-224-3553, FAX = (202) 224-0454

Speaker Pelosi: 202-225 -4965, CA FAX = (415) 861-1670

White House: 202-456-1111

#### REFLECTION QUESTIONS

*What can I give/do/be in the next few weeks so that all can have life giving, affordable, accessible health care?*

*How do we promote democracy?*

*What is our society's duty to guarantee the elderly, infirm, indigent, children, working poor, and all working people receive preventative and basic medical care services?*

*What does my faith tradition teach me about hospitality toward strangers and neighbors?*

*How do I celebrate our interconnectedness?*

*What does "the public good" mean? Who gets to decide?*

*What are best practices to protect women and girl's rights to reproductive choice?*

**Toll-free: 877-264-4226.** Connect to your senators and congress member by entering your zip code.

**Pass health care reform without delay!**

[www.uulmcaAction.org](http://www.uulmcaAction.org) UU Legislative Ministry Action Network, CA

Call today and every day at least once!

More talking points on reverse →

## Historic & Lifesaving!!

### The Comprehensive Healthcare Reform Legislation:

- covers 31 million more Americans
- bans denying coverage if you have pre-existing conditions—the sick can get insurance
- eliminates rescission (denying care once you get sick) and other insurance abuses
- supports preventative care bringing down cost
- a board to monitor and limit insurance premium raises
- provides subsidies to enable families to purchase insurance (a family of four making up to \$80,000)
- significantly increases funding for community clinics
- establishes non-profit alternatives in all exchanges to compete with for-profit plans
- establishes minimum limits for coverage, eliminates 'junk insurance'
- establishes a principle of employer contributions - like a minimum wage
- closes 'donut hole' in Medicare prescription drug coverage
- significantly improves affordability standards
- supports and significantly expands states' Medicaid programs

1 person dies every 12 minutes in the US because they lack health insurance and can't get good care.

*"We're losing more Americans every day because of inaction ... than drunk driving and homicide combined."*

Dr. David Himmelstein,  
Associate Professor of Medicine,  
Harvard University

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